

Patrick I. Connelly, Psy.D.

Licensed Psychologist (NJ License 35SI00357100)
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Current Professional and Related Activities

The Haven School Mental Health Program

Piscataway, New Jersey

Director

2010 – present

- Overseeing all aspects of operations of a partnership program between the Piscataway Public Schools and the Graduate School of Applied and Professional Psychology, Rutgers University.
- Planning and implementing a program to provide clinical services to elementary, middle and high school students individual, group and family counseling.
- Providing annual report to stakeholders and oversaw budget of \$410,000.
- Developing and enforcing protocols for intake, record-keeping, scheduling, case flow and case management procedures.
- Creating partnerships with district administrators, building principals, guidance, and child study team to enhance coordinated efforts and build support for program.
- Supervising and training seven graduate student externs, two full-time interns and four post-doctoral psychologists annually.
- Providing crisis intervention services and consult with district staff on complex behavioral and emotional issues.
- Developing a social-emotional learning program for at-risk middle school students to improve their academic and social-emotional functioning.
- Designed and delivered brief social-emotional lessons to high school freshman on stress management, goal setting, social media and interpersonal skills.
- Working with district and high school staff to devise an alternative program for high school students with disruptive behaviors.

Independent Practice

Highland Park, New Jersey

Psychologist

1996-present

- Providing individual and family therapy to children, adolescents, and adults.

President, Alumni Organization

January, 2026 - present

- Provide leadership for alumni of the Graduate School of Applied and Professional Psychology at Rutgers University.

The Unitarian Society and Rutgers University

Mindfulness Instructor

2020 – present

Study Groups in Anti-Racism, Men's Psychology and Spirituality in Psychology

Participant

1993 – present

Education, Training and Credentials

Licensed Psychologist

License # 35SI00357100

State of New Jersey

Acquired 1998

Certified School Psychologist

Certification #923660

New Jersey Department of Education

Acquired May, 2013

Hakomi Institute for Mindfulness-Centered Somatic Psychotherapy

Two year comprehensive training

Princeton, NJ

2014-2016

Multicultural Family Institute

Family Therapy Training (100 hours)

Metuchen, NJ

1997-1998

Graduate School of Applied and Professional Psychology

Doctor of Psychology, Department of Clinical Psychology

Rutgers University

1990-1995

- Honors: Robert D. Weitz Award (for dedication to professional psychology and the people it serves); Organizational Psychology Award.

Manhattan College

Bachelor of Science in Biochemistry (Summa Cum Laude)

Riverdale, NY

1983-1987

Prior Professional Experience

Highland Park School Based Youth Services Program

Supervising Psychologist

Highland Park, New Jersey

2000-2010

- A partnership between the Highland Park Public Schools and the Center for Applied Psychology, Rutgers University under the New Jersey School Based Youth Services Program.
- Implemented a grant funded program to provide clinical and prevention services to middle and high school students.
- Supervised and trained six graduate student counselors each year.
- Provided crisis intervention services and consulted with staff on behavioral and emotional issues.
- Worked with a faculty member to develop and run the Bridge Builders program which fostered positive racial identity and academic, career and personal success of African American and Hispanic boys.
- Co-developed the Career Development Program, which provided learning support and career skills to underachieving high school students.
- With school staff, created an orientation program for entering middle school students, the Welcome Academy, which included coping skills for the social-emotional issues faced by middle-schoolers.
- Supported staff development and multi-cultural programming such as the middle school's Diversity Day.

Collier High School

Staff Psychologist

Wickatunk, New Jersey

1998-2000

- Provided individual and group therapy to an alternative high school population with a variety of emotional and behavioral problems.
- Consulted to staff on individual students.
- Evaluated new students for admission.
- Assisted with multi-cultural programming.

School Based Youth Services Program, UMDNJ-UBHC. *South Brunswick, New Jersey*
Mental Health Clinician III *1995-1998*

- Provided individual, family and group therapy to middle and high school students at an on-site mental health service.
- Coordinated care with school and other agency personnel.
- Provided preventive services and staff consultations, including staff and peer leader training on race relations/multicultural concerns.

New Jersey Center for the Healing Arts *Red Bank, New Jersey*
Clinical Supervisor *1999-2001*

- Supervised clinical staff and interns in a setting that incorporates complementary medicine in a holistic treatment model.

Pre-doctoral Experience

UMDNJ Community Mental Health Center *Newark, New Jersey*
Pre-doctoral Intern (Child and adolescent track) *1994-1995*

- Provided individual and family therapy to children from age 4 to 18.
- Conducted psychological testing.
- Minor rotations: Youth detention facility, dual diagnosis day program (MICA), sexual abuse evaluation clinic.

Psychological Clinic, GSAPP *Piscataway, New Jersey*
Clinician *1990-1994*

- Provided individual and family therapy with hour for hour supervision.

Project NSTM (Natural Setting Therapeutic Management), GSAPP Piscataway, New Jersey
Behavior Specialist *1993-1994*

- Provided in-home behavior management training and consultation to families with developmentally disabled members.

Office of Residence Life, Rutgers College *New Brunswick, New Jersey*
Crisis Intervention Specialist *1993-1994*

- Evaluated suicidal residents' need for treatment and/or inpatient admission.
- Provided crisis counseling and made referrals for follow-up care.

Youth Development Clinic, Zero to Three Project *Newark, New Jersey*
Clinical Trainee *1993*

- Provided parent-infant assessment and treatment to families with infant or toddler mental health concerns.

School Based Youth Services Program, UMDNJ-UBHC **South Brunswick, New Jersey**
Extern 1992-1993

- Provided clinical services to high school students in an on-site mental health clinic. Services included individual, group and family therapy.

Haven Hospice, John F. Kennedy Medical Center **Edison, New Jersey**
Counselor-Intern 1991-1992

- Counseled individuals and their families coping with illness and/or the death of a family member. Provided group therapy to grieving children.

Foster Care Counseling Project, GSAPP, Rutgers University. **Piscataway, New Jersey**
Practicum Student 1990-1991

- Conducted therapy with children in foster care, their foster parents and biological parents on issues of loss, separation and adjustment.

Research Interests and Experience

Current Interests: Integrative approaches to school based mental health, racial disproportionality in schools and the role of White teachers as change agents, mindfulness for school aged children and transgender and gender expansive youth.

Constructive Conversations about Race Relations Project, Center for Applied Psychology, Rutgers University, Piscataway, NJ. Worked with a diverse staff to develop and implement training programs on race and group relations for educators (2003-2005).

Connelly, P.I. (2000). Leadership on race in a changing suburban high school. *Journal of Applied Behavioral Science*, 36(4), 407-424.

Connelly, P.I. (1992). *A case study of an assistant director of special services: Special problems in educational leadership.* Journal of Applied Behavioral Science, 28(2), 263-275.

Connelly, P.I. (1995). *Race and authority in a changing suburban high school.* Doctoral dissertation. Committee: Clayton P. Alderfer (chair), Nancy Boyd-Franklin.

Research Assistant, Common Purposes Project, Rutgers University (12/92-7/93).
Worked on a project assessing intergroup relations at Rutgers University. Primary investigator: Donald Peterson.

Field Researcher, Educational Leadership Project, Rutgers University (11/90-6/91).
Conducted an in-depth study of the leadership style of a director of special services in New Jersey. Primary investigator: Clayton P. Alderfer.

Supervised Research

Balsam, S. (2018). *Program evaluation of a school-based mental health center: Implications for community needs and connection* (Publication No. 13916846) [Doctoral

dissertation, Rutgers The State University of New Jersey, Graduate School of Applied and Professional Psychology]. ProQuest Dissertations Publishing.

Cross, C. (Anticipated 2021). *School Professionals' Perspectives on Working with Transgender and Gender Non-Conforming Youth in the School Setting*. [Doctoral dissertation, Rutgers The State University of New Jersey, Graduate School of Applied and Professional Psychology].

Gaines, L. (2017). *Working with African American Males in Urban Education: An Exploratory Study of Public High School Teachers* (Publication No. 10757822) [Doctoral dissertation, Rutgers The State University of New Jersey, Graduate School of Applied and Professional Psychology]. ProQuest Dissertations Publishing.

Gladstone, A. (2021). *Development and Proposed Evaluation of a Mindfulness Based Group Therapy for Trauma*. [Doctoral dissertation, Rutgers The State University of New Jersey, Graduate School of Applied and Professional Psychology]. ProQuest Dissertations Publishing.

Lipkin, T. (2010). *The Creation of a Manual for Diversity Training of High School Students*. (Publication No. 13916846) [Doctoral dissertation, Rutgers The State University of New Jersey, Graduate School of Applied and Professional Psychology]. ProQuest Dissertations Publishing.

Murakami, J. (2014). *Systematic case studies of two clients in a family-based psychotherapy clinic located within a public high school*. (Publication No. 13916846). [Doctoral dissertation, Rutgers The State University of New Jersey, Graduate School of Applied and Professional Psychology]. ProQuest Dissertations Publishing.

Pena, B. (2020). *Exploring Clinicians' Knowledge, Beliefs and Clinical Experience Regarding Pansexual Youth*. (Publication No. 13916846) [Doctoral dissertation, Rutgers The State University of New Jersey, Graduate School of Applied and Professional Psychology]. ProQuest Dissertations Publishing.

Young, G. (2018) *Does Race-Matching Matter?: An Examination of the Links Between Teacher-Student Racial Match and the Quality of Relationships*. (Publication No. 13916846) [Doctoral dissertation, Rutgers The State University of New Jersey, Graduate School of Applied and Professional Psychology]. ProQuest Dissertations Publishing.

Other Experience/Activities

Member, New Jersey Psychological Association. (1990-present)

Facilitator, Focus on Our Diversity, Rutgers University. (1996-1997)

- Co-facilitated monthly process group of graduate psychology students seeking to increase their multi-cultural awareness and competence.

Co-president, Student Organization, Graduate School of Applied and Professional Psychology, Rutgers University. (1992-1993)

Residence Counselor, *Office of Residence Life*, Rutgers College. (1990-1993)

- Provided programming and disciplinary supervision for a 200 resident dormitory.
- Supervised undergraduate resident assistants.

Student member, *New Jersey Psychologists for Social Responsibility*. (1990-1992)

International Volunteer, Seoul, Korea. (1987-1988)

- Provided English language tutoring and editing, and planned and implemented training programs for Olympic Youth Camp interpreters and volunteers.